

Present Address

Dr. P. Raja Sekhar
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Qualification

- Ψ Awarded Ph.D (2010) from Dept. of Psychology, Andhra University.
- Ψ M.Phil. Psychology (2007) from Dept. of Psychology, Andhra University. Visakhapatnam.
- Ψ M.A. Psychology (2003-2005) with specialization in Industrial Psychology from Andhra University. Visakhapatnam.
- Ψ P.G. Diploma in yoga (2009) from Andhra University. Visakhapatnam.

Academic work

Ph.D. Psychology Dissertation

- Ψ *Wellbeing, Quality of Life and Social Support among Coronary Artery Bypass Graft (CABG) Patients: A Prospective Study.*

M.Phil. Psychology Dissertation

- Ψ *Team Leadership in Information Technology Sector.*

M.A. Psychology projects

- Ψ One month placement in Government Mental Health Hospital, Visakhapatnam to counsel patients who suffer from psychotic and neurotic problems.
- Ψ Carried out personal counseling for employee's industrial and other organizational setting.
- Ψ A study on "Attitude towards cell phones on 25 to 40 years age group" was conducted.
- Ψ A project on "Counseling Needs of Employees" in Pearl Bottle Pvt. Ltd. (PEPSI), Madhurawada, Visakhapatnam, under the guidance of Prof. K. Madhu and Dr. T.V.Ananda Rao was conducted.

- Ψ Trend report on “*Attitude Change and Conflict at Work*” was carried.
- Ψ Work file submitted on “*Obsessive Compulsive Disorders, Employee Work Profile and Experimental Designs and Statistics*”.
- Ψ A scale on “*Computing the validity of Home Adjustment on Culturally Relevant Bell Adjustment Inventory*” was developed.

Achievements

- Ψ Attended 10 seminars, 7 workshops and presented research papers in several Universities.
- Ψ Psychological assessment in school settings and vocational guidance was carried.

Technical Training

- Ψ Post Graduate Diploma in Computer Applications (PGDCA) Millennium InfoTech, Visakhapatnam (2001).
- Ψ Learned the usage of Statistical Package for Social Sciences (SPSS).

Participated in Training Programmes

1. Participated in “*Workshop on Self Learning Material Preparation*” at Gitam University, Visakhapatnam on 26th & 27th December 2009.
2. Participated in 12 day “*Master Trainer Training programme in GFATM7 Counselling Sub-Component*”, Centre for Psychological Counselling, Bangalore University, Bangalore. 15-26 April 2009.
3. Participated in one month residential training program on “*Basic Understanding of Yoga Techniques and Training in Neurophysiological Techniques Relevant to Yoga Research*” November 20th to December 19th 2008 at Indian council of Medical Research, Swami Vivekananda Yoga Research Foundation (SVYASA University).
4. Attended Workshop-cum-training programme on “*Survey Methodology and Design for Social Scientists*” at Council for Social Development, Hyderabad from 16-20 February 2007
5. Participated in “*Refresh Course in Yoga*” by Institute for yoga and consciousness, Andhra University, Visakhapatnam (2007).
6. Participated in National Workshop cum Seminar on “*Coping With Life Challenges*” at Department of Psychology & Parapsychology on April 28th & 29th, 2006.

7. Participated in 2 days workshop on “Assertiveness Skills Training” by CPAC, Department of Psychology and Parapsychology, Andhra University from February 26th & 27th 2004.

Teaching/Research Experience

- Ψ Currently Working as Assistant Professor (Adhoc) from 2010 – till date in the Dept. of Psychology, Adikavi Nannaya University, Rajamahendravaram.
- Ψ Assisted Prof. K. Madhu for the contact classes of M.Sc. Psychology programme of Dr. B.R.A.O. University study centre at Visakhapatnam in February – April 2010.
- Ψ Wrote lessons for B.A. Psychology programme of Gitam University, Visakhapatnam.
- Ψ Assisted in the theory and practical classes for M.A. Psychology students of School of Distance Education, Andhra University, Visakhapatnam
- Ψ 2 years of experience in giving regular, career, vocational and educational guidance for students from 9th to 12th standard of CBSE schools.

Personal Profile:

Name : P. Raja Sekhar
Father's Name : Narasimharao
Date of Birth : 01-08-1980
Marital Status : Married
Languages Known : Telugu, English
Permanent Address : Dr. No: 16-2-14, Flat – 3D, Chainulus Residency,
Sriram Nagar, L.B. Sastry,
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East Godavari District.

Declaration

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

Place: Rajamahendravaram

Dr. P. Raja Sekhar